

Revisiting duty-hour limits — IOM recommendations for patient safety and resident education.

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Iglehart JK. Revisiting duty-hour limits--IOM recommendations for patient safety and resident education. N Engl J Med. 2008;359(25):2633-5. doi:10.1056/NEJMp0808736.

<https://psnet.ahrq.gov/issue/revisiting-duty-hour-limits-iom-recommendations-patient-safety-and-resident-education>

This editorial provides an overview of the 2008 [Institute of Medicine recommendations](#) for residency work hours, and discusses the relationship between duty hours and other important aspects of residency training such as [supervision](#) and [patient handoffs](#). The article notes that the new recommendations represent a compromise between the sometimes competing objectives of improving patient safety, reducing resident workload and fatigue, and maintaining the quality of resident education.