

## **Restricted duty hours for surgeons and impact on residents quality of life, education, and patient care: a literature review.**

April 1, 2009

Pape H-C, Pfeifer R. Restricted duty hours for surgeons and impact on residents quality of life, education, and patient care: a literature review. Patient Saf Surg. 2009;3(1):3. doi:10.1186/1754-9493-3-3.

<https://psnet.ahrq.gov/issue/restricted-duty-hours-surgeons-and-impact-residents-quality-life-education-and-patient-care>

---

This review analyzed 21 studies of the effects of [duty hour regulations](#) on surgical residency programs and found that residents' quality of life improved and patient outcomes appeared unaffected. However, the effect on surgeons' education was unclear.