

Residents' perspectives on ACGME regulation of supervision and duty hours—a national survey.

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<https://psnet.ahrq.gov/issue/residents-perspectives-acgme-regulation-supervision-and-duty-hours-national-survey>

In June 2010, the Accreditation Council for Graduate Medical Education proposed [new](#) regulations on housestaff [duty hours](#). After an open comment [period](#), the regulations were accepted in September with the new requirements to take effect July 1, 2011. While the updated rules [preserve](#) an 80-hour workweek limit, new mandates require no more than 16 hours of continuous work with in-house supervision at all times. Responses to these changes have been [mixed](#), including from this study, which surveyed a nationwide sample of residents. Whereas residents felt the new regulations would improve their own [quality of life](#) and well-being, many believe that the changes will have negative effects on quality of care, patient safety, their own [education](#), and their preparation for more senior roles. The authors advocate for resident concerns to be considered in implementation of the new standards.