

## **Getting Your Best Health Care: Real-World Stories for Patient Empowerment.**

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Farbstein K. Rockville, MD: Access Intelligence, LLC; 2011. ISBN: 9781885461452.

<https://psnet.ahrq.gov/issue/getting-your-best-health-care-real-world-stories-patient-empowerment>

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This book explores patient-centered care and provides strategies to help patients actively [participate](#) in their care.