

## **Burnout and satisfaction with work-life balance among US physicians relative to the general US population.**

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Shanafelt TD, Boone S, Tan L, et al. Burnout and satisfaction with work-life balance among US physicians relative to the general US population. Arch Intern Med. 2012;172(18):1377-85.

<https://psnet.ahrq.gov/issue/burnout-and-satisfaction-work-life-balance-among-us-physicians-relative-general-us-population>

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Professional burnout—cynicism and a loss of enthusiasm and sense of accomplishment at work—has been shown to be common among both [physicians](#) and [nurses](#). This cross-sectional survey of more than 7000 physicians found that burnout among physicians is more common than in the general population, with emergency physicians and primary care physicians the most commonly afflicted. Burnout has been shown to be one of several [emotional influences](#) on patient safety; it has also been linked to [medical errors](#) and [disruptive behavior](#).