

Effects of duty hour restrictions on core competencies, education, quality of life, and burnout among general surgery interns.

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Antiel RM, Reed DA, Van Arendonk K, et al. Effects of duty hour restrictions on core competencies, education, quality of life, and burnout among general surgery interns. JAMA Surg. 2013;148(5):448-55. doi:10.1001/jamasurg.2013.1368.

<https://psnet.ahrq.gov/issue/effects-duty-hour-restrictions-core-competencies-education-quality-life-and-burnout-among>

Recent [research](#) has examined residents' perceptions about the impact of [duty hour](#) restrictions. In this survey, surgical interns reported decreased patient care coordination, continuity of care, and time spent in the operating room, with no significant improvements in quality of life or reduced risk of burnout.