

## **Change in intern calls at night after a work hour restriction process change.**

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Spellberg B, Sue D, Chang D, et al. Change in intern calls at night after a work hour restriction process change. JAMA Intern Med. 2013;173(8):707-9; discussion 663. doi:10.1001/jamainternmed.2013.2968. <https://psnet.ahrq.gov/issue/change-intern-calls-night-after-work-hour-restriction-process-change>

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This study details the types of overnight calls received by cross-covering internal medicine [night float](#) residents. The authors raise concerns that current intern duty hour [regulations](#) create negative effects on the workload and restfulness of higher-level trainees.