

## Is a tired doctor a safe doctor?

November 12, 2014

Goldman B. "White Coat, Black Art." CBC Radio. October 31, 2014.

<https://psnet.ahrq.gov/issue/tired-doctor-safe-doctor>

---

This radio segment explores whether [sleep deprivation](#) affects the safety of care delivery. Panelists discuss sleep deprivation in health care, the influence of hierarchy and peer behaviors in normalizing fatigue, and the impacts of [duty hour limits](#) on patient safety. This contributes to the continuing [debate](#) about the benefits of [work hour reductions](#) and its potential to detract from residents' competency.