

Reducing inappropriate polypharmacy: the process of deprescribing.

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<https://psnet.ahrq.gov/issue/reducing-inappropriate-polypharmacy-process-deprescribing>

Polypharmacy in [older patients](#) is a [predictor](#) of medication errors. However, deprescribing—stopping or reducing medicines in a patient's drug regimen—can introduce opportunities for harm if not done appropriately. This commentary presents a protocol to enhance the safety of deprescribing by considering the medication therapy needs of each individual patient.