

## **Equipped: overcoming barriers to change to improve quality of care (theories of change).**

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Lachman P, Runnacles J, Dudley J, et al. Equipped: overcoming barriers to change to improve quality of care (theories of change). Arch Dis Child Educ Pract Ed. 2015;100(1):13-8. doi:10.1136/archdischild-2013-305193.

<https://psnet.ahrq.gov/issue/equipped-overcoming-barriers-change-improve-quality-care-theories-change>

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[Change management](#) has been promoted as a strategy to implement improvements in clinical settings. This commentary discusses the complexity around introducing change in health care and suggests that change management, [systems thinking](#), and employee engagement are elements of successful quality improvement initiatives.