

## "First, know thyself": cognition and error in medicine.

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Elia F, Aprà F, Verhovez A, et al. "First, know thyself": cognition and error in medicine. Acta Diabetol. 2016;53(2):169-175. doi:10.1007/s00592-015-0762-8.

<https://psnet.ahrq.gov/issue/first-know-thyself-cognition-and-error-medicine>

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Cognition has been [recognized](#) as a [human factor](#) that can contribute to medical error. This review explores cognitive psychology as a method to understand [diagnostic error](#), particularly clinicians' tendency to rely on heuristics when deeper reasoning is required.