

## 'Trust but verify'—five approaches to ensure safe medical apps.

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Wicks P, Chiauzzi E. 'Trust but verify'--five approaches to ensure safe medical apps. BMC Med. 2015;13:205. doi:10.1186/s12916-015-0451-z.

<https://psnet.ahrq.gov/issue/trust-verify-five-approaches-ensure-safe-medical-apps>

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Mobile health applications can help patients monitor their health, but [questions exist](#) regarding whether these applications reliably support patients' decision-making. This commentary describes five strategies to improve the functionality of mobile health applications, including consumer education, developer accountability, [transparency of evaluation](#) results, and government regulation.