

## **The Family Caregiver Activation in Transitions (FCAT) tool: a new measure of family caregiver self-efficacy.**

November 21, 2016

Coleman EA, Ground KL, Maul A. The Family Caregiver Activation in Transitions (FCAT) Tool: A New Measure of Family Caregiver Self-Efficacy. Jt Comm J Qual Patient Saf. 2015;41(11):502-7.

<https://psnet.ahrq.gov/issue/family-caregiver-activation-transitions-fcat-tool-new-measure-family-caregiver-self-efficacy>

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Efforts to improve patient safety during [care transitions](#) have had mixed success, possibly due to failure to effectively engage [family and caregivers](#) in the transition process. This study reports on the development and validation of a novel survey instrument that measures family and caregivers' preparation and self-efficacy around supporting patients at the time of hospital discharge.