

Peer support for clinicians: a programmatic approach.

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Shapiro J, Galowitz P. Peer Support for Clinicians: A Programmatic Approach. Acad Med. 2016;91(9):1200-4. doi:10.1097/ACM.0000000000001297.

<https://psnet.ahrq.gov/issue/peer-support-clinicians-programmatic-approach>

[Peer support](#) programs can help clinicians [cope](#) with symptoms of [burnout](#). This commentary describes a well-established program that emphasizes one-on-one counseling for vulnerable clinicians and offers insights on its development and structure. The authors provide specific steps toward initiating appropriate and [effective support](#) for clinicians when they need it.