

Nurse workload and inexperienced medical staff members are associated with seasonal peaks in severe adverse events in the adult medical intensive care unit: a seven-year prospective study.

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Faisy C, Davagnar C, Ladiray D, et al. Nurse workload and inexperienced medical staff members are associated with seasonal peaks in severe adverse events in the adult medical intensive care unit: A seven-year prospective study. *Int J Nurs Stud*. 2016;62:60-70. doi:10.1016/j.ijnurstu.2016.07.013.

<https://psnet.ahrq.gov/issue/nurse-workload-and-inexperienced-medical-staff-members-are-associated-seasonal-peaks-severe>

Higher patient-to-nurse [staffing ratios](#) have been linked to worse patient outcomes. In this 8-year observational cohort study in a single intensive care unit, increased patient-to-nurse staffing ratios and arrival of inexperienced resident physicians were associated with higher rates of adverse events including unexpected cardiac arrest, unanticipated extubation, and [readmission](#).