

A reduced duty hours model for senior internal medicine residents: a qualitative analysis of residents' experiences and perceptions.

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<https://psnet.ahrq.gov/issue/reduced-duty-hours-model-senior-internal-medicine-residents-qualitative-analysis-residents>

Although [duty hour](#) restrictions were enacted to improve patient safety, evidence regarding their impact has been mixed. This focus group study examined resident perceptions of quality of life and patient safety before and after implementation of a reduced duty hours model. Participants reported less fatigue but also expressed concern about the greater number of [handoffs](#), echoing the ongoing duty-hours debate discussed in a recent [PSNet perspective](#).