

## The relationship between professional burnout and quality and safety in healthcare: a meta-analysis.

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Salyers MP, Bonfils KA, Luther L, et al. The Relationship Between Professional Burnout and Quality and Safety in Healthcare: A Meta-Analysis. *J Gen Intern Care.* 2017;32(4):475-482. doi:10.1007/s11606-016-3886-9.

<https://psnet.ahrq.gov/issue/relationship-between-professional-burnout-and-quality-and-safety-healthcare-meta-analysis>

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[Burnout](#) among health care providers is highly [prevalent](#) and is a pressing patient safety concern. This meta-analysis examined the relationship of burnout to health care quality. Investigators identified 82 studies of burnout and quality or safety. Most studies were cross-sectional and measured safety and quality by self-report. In the pooled analysis, higher levels of burnout were associated with lower reported quality and safety. These relationships were present across a range of outcomes and study types. Although the effects were modest in magnitude, their consistency demonstrates the importance of [addressing burnout](#) in order to improve many aspects of patient safety. A past [PSNet interview](#) with J. Bryan Sexton discussed the relationship between burnout and patient safety.