

ASPEN Safe Practices for Enteral Nutrition Therapy.

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Boullata JI, Carrera AL, Harvey L, et al. ASPEN Safe Practices for Enteral Nutrition Therapy. JPEN J Parenter Enteral Nutr. 2017;41(1):15-103. doi:10.1177/0148607116673053.

<https://psnet.ahrq.gov/issue/aspn-safe-practices-enteral-nutrition-therapy>

[Enteral nutrition](#) is provided to patients in a variety of care settings, and errors in the enteral nutrition–use process may lead to safety [hazards](#). Drawing from current evidence, these consensus guidelines recommend best practices to ensure safety of enteral nutrition, including a six-step standardized approach to administering enteral nutrition that involves independent [double-checks](#) and automation with forcing functions.