

Improving our understanding of multi-tasking in healthcare: drawing together the cognitive psychology and healthcare literature.

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<https://psnet.ahrq.gov/issue/improving-our-understanding-multi-tasking-healthcare-drawing-together-cognitive-psychology>

[Multitasking](#) is thought to impair [cognition](#), which in turn affects patient safety. This review found that studies of multitasking in health care rely on direct observation, whereas other fields such as cognitive psychology have used [simulation](#) experiments. The authors propose applying lessons from other fields to patient safety.