

Resident duty hours and medical education policy—raising the evidence bar.

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<https://psnet.ahrq.gov/issue/resident-duty-hours-and-medical-education-policy-raising-evidence-bar>

The effect of resident [work hours](#) on patient safety has been controversial. This perspective summarizes the debate on resident duty hours in the context of recent changes to standards that allow for more flexibility in shift length. The authors underscore the importance of [randomized trials](#), which investigators had utilized to explore the impact of flexible duty hours and served to inform the new [policy](#).