

The weekend effect in hospitalized patients: a meta-analysis.

October 11, 2017

Pauls LA, Johnson-Paben R, McGready J, et al. The Weekend Effect in Hospitalized Patients: A Meta-Analysis. *J Hosp Med.* 2017;12(9):760-766. doi:10.12788/jhm.2815.

<https://psnet.ahrq.gov/issue/weekend-effect-hospitalized-patients-meta-analysis>

The [weekend effect](#) refers to worse patient outcomes outside of usual business hours. This meta-analysis of 97 studies found that all-cause mortality is higher for patients hospitalized on the weekend compared to the workweek, even after adjustment for [staffing](#), illness severity, and delays in procedures. A recent [PSNet interview](#) discussed the weekend effect in health care.