

## **Patient-centered prescription opioid tapering in community outpatients with chronic pain.**

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Darnall BD, Ziadni MS, Stieg RL, et al. Patient-Centered Prescription Opioid Tapering in Community Outpatients With Chronic Pain. JAMA Intern Med. 2018;178(5):707-708.

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<https://psnet.ahrq.gov/issue/patient-centered-prescription-opioid-tapering-community-outpatients-chronic-pain>

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This prospective cohort study found that many outpatients treated at a chronic pain clinic were willing to voluntarily taper [opioid medications](#). Although nearly 40% of patients dropped out of the study, those that remained significantly reduced their opioid dosing. The authors suggest that offering a voluntary gradual [opioid taper](#) to patients with chronic pain may reduce their opioid dose.