

## Physician resiliency and wellness for transforming a health system.

May 30, 2018

Armato CS, Jenike TE. NEJM Catalyst. May 2, 2018.

<https://psnet.ahrq.gov/issue/physician-resiliency-and-wellness-transforming-health-system>

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Physician burnout can contribute to medical errors. This article discusses an organizational effort to develop a resilience, wellness, and leadership [program](#) to address clinician burnout. The authors describe implementation strategies [health care executives](#) can utilize to design wellness [efforts](#), such as assigning [ownership](#) of the program to an individual and the use of metrics to demonstrate the impact of the program over time.