

## Implementing Optimal Team-Based Care to Reduce Clinician Burnout.

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Smith CD, Corbridge S, Dopp AL, et al. NAM Perspectives. Washington DC: National Academy of Medicine; 2018.

<https://psnet.ahrq.gov/issue/implementing-optimal-team-based-care-reduce-clinician-burnout>

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[Teamwork](#) can contribute to a healthy and [respectful](#) work environment. This discussion paper reviews evidence-based characteristics of high-functioning teams and barriers to their optimization in health care. Strategies to enhance [teamwork](#) and consequently [clinician well-being](#) include improvements in workflow, [health information technologies](#), and financial models to train and sustain teams.