

## 'Cyberloafing' in health care: a real risk to patient safety.

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Ross J. 'Cyberloafing' in Health Care: A Real Risk to Patient Safety. J Perianesth Nurs. 2018;33(4):560-562. doi:10.1016/j.jopan.2018.05.003.

<https://psnet.ahrq.gov/issue/cyberloafing-health-care-real-risk-patient-safety>

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The health care environment is rife with distractions during [cognitive](#), clinical, and communication processes that increase the potential for error. This commentary focuses on how [mobile communication technologies](#) contribute to distractions in health care workers. The author suggests raising awareness of the risks associated with [personal communication technology](#) use to reduce problem behaviors and encourage heightened focus on patients. A past [WebM&M commentary](#) discussed a task interruption due to texting.