

## **New mother number 14.**

June 30, 2019

Sangarlangkarn A. Healthc (Amst). 2019;7:31-32.

<https://psnet.ahrq.gov/issue/new-mother-number-14>

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Rigid adherence to protocols may detract from safety when unexpected critical events occur that require deviation from the standard process. This commentary explores insights from a physician, both as a clinician and as a new mother, when health care staff failed to effectively consider [patient concerns](#) and knowledge in understanding and treating the cause of postlabor pain. The patient identified the cause and requested appropriate treatment, but nurses consulted protocols for pain after labor and only offered pain medications, which might have exacerbated the problem. The author calls for [clinician autonomy](#) to recognize when standardization is not appropriate and how to address individual patient needs.