

A systematic review exploring the content and outcomes of interventions to improve psychological safety, speaking up and voice behaviour.

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<https://psnet.ahrq.gov/issue/systematic-review-exploring-content-and-outcomes-interventions-improve-psychological-safety>

Organizational cultures that encourage psychological safety has been shown to [increase safe healthcare practices](#). This systematic review evaluated fourteen studies targeting psychological safety, speaking up and voice behavior within healthcare settings; studies primarily used educational interventions including simulation (5 studies), video presentations (2 studies), case studies (3 studies) or workshops (1 study). While some interventions showed improvement in psychological safety, this was not consistently demonstrated across studies. The authors note that the ability to demonstrate improvements were limited by lack of objective outcome measures and the inability of educational interventions alone to result in behavior change.