

Association of surgical resident wellness with medical errors and patient outcomes.

May 6, 2020

Hewitt DB, Ellis RJ, Chung JW, et al. Association of surgical resident wellness with medical errors and patient outcomes. *Ann Surg.* 2021;274(2):396-402. doi:10.1097/sla.0000000000003909.

<https://psnet.ahrq.gov/issue/association-surgical-resident-wellness-medical-errors-and-patient-outcomes>

This cross-sectional survey of general surgery residents to assessed resident wellness and self-reported error and compared these results against [National Surgical Quality Improvement Program](#) (NSQIP) registry data to assess patient outcomes. Over a six-month period, 22.5% of residents self-reported a near-miss medical error and nearly 7% reported an error resulting in patient harm. Residents reporting harmful medical errors were more likely to report symptoms of [burnout](#) and poor psychiatric well-being, but researchers did not find any significant association between well-being and adverse postoperative patient outcomes reported in the NSQIP registry.