

A national mixed-methods evaluation of preparedness for general surgery residency and the association with resident burnout.

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<https://psnet.ahrq.gov/issue/national-mixed-methods-evaluation-preparedness-general-surgery-residency-and-association>

This mixed-methods study analyzed data from a survey of general surgery residents and qualitative interviews with residents and program directors participating in [the FIRST trial](#) to assess preparedness for surgical residents. Results indicate the lack of preparedness was associated with inadequate exposure to resident responsibilities while in medical school, such as infrequent overnight calls or not completing a subinternship. Preparedness was associated with a nearly two-fold lower risk of experiencing [burnout](#).