

Increased patient safety-related incidents following the transition into Daylight Savings Time.

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Kolla BP, Coombes BJ, Morgenthaler TI, et al. Increased patient safety-related incidents following the transition into Daylight Savings Time. J Gen Intern Med. 2020;36(1):51-54. doi:10.1007/s11606-020-06090-9.

<https://psnet.ahrq.gov/issue/increased-patient-safety-related-incidents-following-transition-daylight-savings-time>

This observational study observed nonsignificant increases in patient safety incidents in the week following the transition into and out of [daylight savings time](#) (DST) over an eight-year period. The authors suggest policymakers and health system leadership evaluate risk mitigation strategies such as delayed shift start times during the transition to and from DST.