

Assessment of physician sleep and wellness, burnout, and clinically significant medical errors.

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<https://psnet.ahrq.gov/issue/assessment-physician-sleep-and-wellness-burnout-and-clinically-significant-medical-errors>

[Fatigue](#) among health care workers can increase the risk of [errors](#). This large cross-sectional study of attending and house staff physicians found that sleep-related impairment was associated with increased burnout, decreased professional fulfillment, and increased self-reported clinically significant medical error. [Organizational policies](#) should focus on reducing sleep-related impairment in order to reduce harm to patients and physicians.