

## **Assessment of physician sleep and wellness, burnout, and clinically significant medical errors.**

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Trockel MT, Menon NK, Rowe SG, et al. Assessment of Physician Sleep and Wellness, Burnout, and Clinically Significant Medical Errors. JAMA Netw Open. 2020;3(12):e2028111.

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[Fatigue](#) among health care workers can increase the risk of [errors](#). This large cross-sectional study of attending and house staff physicians found that sleep-related impairment was associated with increased burnout, decreased professional fulfillment, and increased self-reported clinically significant medical error. [Organizational policies](#) should focus on reducing sleep-related impairment in order to reduce harm to patients and physicians.