

An intervention to increase situational awareness and the Culture of Mutual Care (Foco) and its effects during COVID-19 pandemic: a randomized controlled trial and qualitative analysis.

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Kozasa EH, Lacerda SS, Polissici MA, et al. An Intervention to Increase Situational Awareness and the Culture of Mutual Care (Foco) and Its Effects During COVID-19 Pandemic: A Randomized Controlled Trial and Qualitative Analysis. *Front Psych.* 2020;11:570786. doi:10.3389/fpsy.2020.570786.

<https://psnet.ahrq.gov/issue/intervention-increase-situational-awareness-and-culture-mutual-care-foco-and-its-effects>

[Situational awareness](#) during [critical incidents](#) is a key component of teamwork. This study found that a mutual care [training](#) can increase situational awareness for healthcare workers and consequently improve mental health and well-being before and during the COVID-19 pandemic.