

## **Extended work shifts and neurobehavioral performance in resident-physicians.**

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Rahman SA, Sullivan JP, Barger LK, et al. Extended Work Shifts and Neurobehavioral Performance in Resident-Physicians. *Pediatrics*. 2021;147(3):e2020009936. doi:10.1542/peds.2020-009936.

<https://psnet.ahrq.gov/issue/extended-work-shifts-and-neurobehavioral-performance-resident-physicians>

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Reducing resident shift duration can improve [resident health](#) and [patient safety](#). This study found that resident shifts limited to 16 hours can reduce performance impairment and medical errors, compared to extended work shifts (24+hours).