

Better understanding the downsides of low value healthcare could reduce harm.

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<https://psnet.ahrq.gov/issue/better-understanding-downsides-low-value-healthcare-could-reduce-harm>

[Overuse](#) of healthcare services can result in financial, physical, and emotional [harm](#) to the patient. If patients and [clinicians](#) better understood the risk of potential harms due to overuse, [preventable](#) harms may be reduced. Research is needed to quantify harm resulting from overuse of healthcare services, including the number of patients harmed and how serious the harms are.