

## **The longer the shifts for hospital nurses, the higher the levels of burnout and patient dissatisfaction.**

April 23, 2012

Stimpfel AW, Sloane DM, Aiken LH. The longer the shifts for hospital nurses, the higher the levels of burnout and patient dissatisfaction. Health Aff (Millwood). 2013;31(11):2501-2509.

doi:10.1377/hlthaff.2011.1377.

<https://psnet.ahrq.gov/issue/longer-shifts-hospital-nurses-higher-levels-burnout-and-patient-dissatisfaction>

---

Excess physician or nurse [workload](#) and [burnout](#) can [threaten](#) patient safety. This survey of nurses in four states found that more than 80% were satisfied with scheduling practices at their hospital, but dissatisfaction and burnout increased as nurses worked longer shifts.