

Determinants of burnout and other aspects of psychological well-being in healthcare workers during the Covid-19 pandemic: a multinational cross-sectional study.

May 5, 2021

Denning M, Goh ET, Tan B, et al. Determinants of burnout and other aspects of psychological well-being in healthcare workers during the Covid-19 pandemic: a multinational cross-sectional study. PLoS One. 2021;16(4):e0238666. doi:10.1371/journal.pone.0238666.

<https://psnet.ahrq.gov/issue/determinants-burnout-and-other-aspects-psychological-well-being-healthcare-workers-during>

This cross-sectional study conducted from March to June 2020 measured anxiety, depression, and burnout in clinicians working in the United Kingdom, Poland, and Singapore. Approximately 70% of respondents reported feeling [anxious](#), [depressed](#) and/or burnt out. Burnout was significantly inversely correlated with being tested for COVID-19 and perceiving high levels of [safety](#). These findings highlight the importance of [supporting](#) staff well-being and proactive COVID-19 testing.