

## **Patient and physician perspectives of deprescribing potentially inappropriate medications in older adults with a history of falls: a qualitative study.**

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Hahn EE, Munoz-Plaza CE, Lee EA, et al. Patient and physician perspectives of deprescribing potentially inappropriate medications in older adults with a history of falls: a qualitative study. J Gen Intern Med. 2021;36(10):3015-3022. doi:10.1007/s11606-020-06493-8.

<https://psnet.ahrq.gov/issue/patient-and-physician-perspectives-deprescribing-potentially-inappropriate-medications-older>

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Older adults taking potentially inappropriate medications (PIMs) are at increased risk of adverse events including [falls](#). Patients and primary care providers described their [knowledge](#) and awareness of risk of falls related to PIMs, deprescribing experiences, and barriers and [facilitators](#) to deprescribing. Patients reported lack of understanding of the reason for deprescribing, and providers reported concerns over patient resistance, even among patients with falls. Clinician training strategies, patient education, and increased [trust](#) between providers and patients could increase deprescribing, thereby reducing risk of falls.