

Assessment of patient-preferred language to achieve goal-aligned deprescribing in older adults.

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<https://psnet.ahrq.gov/issue/assessment-patient-preferred-language-achieve-goal-aligned-deprescribing-older-adults>

Effective communication between patient and provider is key to successful [deprescribing](#). Participants in this study were asked to rate potential phrases a clinician may use to explain why [stopping](#) or reducing a medication is important. The most preferred phrase involved an explanation of risk of side effects associated with the medications while the least preferred options focused on the effort involved in taking the medication and “this medication is unlikely to help you function better”. Understanding the patient’s priorities can help frame the conversation around [deprescribing](#).