

## **ACGME 2011 duty hours restrictions and their effects on surgical residency training and patients outcomes: a systematic review.**

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Awan M, Zagales I, McKenney M, et al. ACGME 2011 duty hours restrictions and their effects on surgical residency training and patients outcomes: a systematic review. J Surg Educ. 2021;78(6):e35-e46.

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<https://psnet.ahrq.gov/issue/acgme-2011-duty-hours-restrictions-and-their-effects-surgical-residency-training-and-patients>

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In 2011, the Accreditation Council for Graduate Medical Education ([ACGME](#)) updated the [duty hour](#) restrictions (DHR) for medical residents to increase resident well-being. This review focused on surgical patient outcomes, resident case volume, and resident quality of life following the implementation of the 2011 update. Results showed DHR did not improve patient safety or surgical resident quality of life. The authors suggest future [revisions](#) meant to improve resident well-being not focus solely on hours worked in a single shift or week.