

Personal formularies of primary care physicians across 4 health care systems.

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<https://psnet.ahrq.gov/issue/personal-formularies-primary-care-physicians-across-4-health-care-systems>

One element of [conservative prescribing](#) is minimizing the number of medications prescribed. This study compared the number of unique, newly prescribed medications (personal formularies) of primary care physicians across four health systems. Results indicated wide variability in the number of unique medications at the physician and institution levels. Further exploration of personal formularies and [core drugs](#) may illuminate opportunities for safer and more appropriate prescribing.