

Optimizing Therapy to Prevent Avoidable Hospital Admissions in Multimorbid Older Adults (OPERAM): cluster randomised controlled trial.

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Older adults with multimorbidity and polypharmacy are at increased risk of adverse drug events. This cluster randomized controlled trial compared drug-related hospitalization rates of older adults who received a structured [deprescribing](#) intervention and those who received usual care. While rates of polypharmacy decreased, there was no effect on drug-related [hospitalizations](#).