

The problem with 'My Five Moments for Hand Hygiene'.

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Gould D, Purssell E, Jeanes A, et al. The problem with 'My Five Moments for Hand Hygiene'. *BMJ Qual Saf.* 2022;31(4):322-326. doi:10.1136/bmjqs-2020-011911.

<https://psnet.ahrq.gov/issue/problem-my-five-moments-hand-hygiene>

The "[My Five Moments for Hand Hygiene](#)" framework is promoted by the World Health Organization to decrease [healthcare-associated infections](#) (HAIs). This article identifies five limitations of the Five Moments and proposes solutions to improve hand hygiene, including capitalizing on infection control measures brought about by the [COVID-19](#) pandemic.