

## **ESPEN guideline on hospital nutrition.**

February 9, 2022

Thibault R, Abbasoglu O, Ioannou E, et al. ESPEN guideline on hospital nutrition. Clin Nutr. 2021;40(12):5684-5709. doi:10.1016/j.clnu.2021.09.039.

<https://psnet.ahrq.gov/issue/espen-guideline-hospital-nutrition>

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Mistakes in hospital dietary services can contribute to [allergic reactions](#) and [patient malnourishment](#). This guidance shares an improvement approach to care environment [food provision](#) that considers clinical concerns and patient limitations as steps toward enhancing patient care.