

## **Surgeon burnout, impact on patient safety and professionalism: a systematic review and meta-analysis.**

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Al-Ghunaim TA, Johnson J, Biyani CS, et al. Surgeon burnout, impact on patient safety and professionalism: A systematic review and meta-analysis. *Am J Surg.* 2022;224(1 Pt A):228-238. doi:10.1016/j.amjsurg.2021.12.027.

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[Burnout](#) in healthcare providers has been linked to lower patient safety and increased [adverse](#) events. This systematic review examined studies focusing on the relationship between burnout and patient safety and professionalism in surgeons. Results indicate higher rates of burnout and emotional exhaustion were associated with an increased risk of involvement in medical error. [Interventions](#) to reduce burnout and improve surgeon well-being may result in improved patient safety.