

## **Trainee perceptions of resident duty hour restrictions: a qualitative study of online discussion forums.**

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Dehmoobad Sharifabadi A, Clarkin C, Doja A. Trainee perceptions of resident duty hour restrictions: a qualitative study of online discussion forums. *BMJ Open*. 2022;12(9):e063104. doi:10.1136/bmjopen-2022-063104.

<https://psnet.ahrq.gov/issue/trainee-perceptions-resident-duty-hour-restrictions-qualitative-study-online-discussion>

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Several countries have resident duty hour (RDH) restrictions and there are numerous [publications](#) examining the impact of RDH on patient safety. This study used two online discussion forums (one primarily in the [United States](#) and the other in Canada) to assess resident perceptions of RDH. Themes included its impact on residents' [education](#) and clinician well-being, and, worryingly, discussions of not reporting RDH violations.