

## **Changes in burnout and satisfaction with work-life integration in physicians over the first 2 years of the COVID-19 pandemic.**

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Shanafelt TD, West CP, Dyrbye LN, et al. Changes in burnout and satisfaction with work-life integration in physicians over the first 2 years of the COVID-19 pandemic. Mayo Clinic Proc. 2022;97(12):2248-2258. doi:10.1016/j.mayocp.2022.09.002.

<https://psnet.ahrq.gov/issue/changes-burnout-and-satisfaction-work-life-integration-physicians-over-first-2-years-covid-19>

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The [COVID-19 pandemic](#) has increased attention on clinician [burnout](#) and well-being. This survey of 2,440 US physicians identified an increase in burnout and decrease in satisfaction with work-life integration during the COVID-19 pandemic. Compared with [earlier surveys](#) (in 2011, 2014, 2017 and 2020), respondents reported higher mean emotional exhaustion scores, depersonalization scores, and burnout symptoms.