

Experience of hospital-initiated medication changes in older people with multimorbidity: a multicentre mixed-methods study embedded in the OPTimising thERapy to prevent Avoidable hospital admissions in Multimorbid older people (OPERAM) trial.

December 7, 2022

Thevelin S, Péteïn C, Metry B, et al. Experience of hospital-initiated medication changes in older people with multimorbidity: a multicentre mixed-methods study embedded in the OPTimising thERapy to prevent Avoidable hospital admissions in Multimorbid older people (OPERAM)... BMJ Qual Saf. 2022;31(12):888-898. doi:10.1136/bmjqs-2021-014372.

<https://psnet.ahrq.gov/issue/experience-hospital-initiated-medication-changes-older-people-multimorbidity-multicentre>

Polypharmacy can place older adults at increased risk of [adverse drug events](#). This mixed-methods study, embedded in the [OPERAM trial](#), identified differences in perceived shared decision-making regarding medication changes between providers and older adult patients. Whereas clinicians reported high levels of shared decision-making, patients reported poor communication and paternalistic decision-making.