

## **Health system redesign of cardiac monitoring oversight to optimize alarm management, safety, and staff engagement.**

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[Alert fatigue](#) occurs when healthcare workers become desensitized to alarms over time, especially when alarms tend to be clinically nonsignificant, and therefore, [ignored](#) or not responded to. This study reports on one health system's redesign of [cardiac](#) monitoring structure to reduce alert fatigue. Through a four-phase quality improvement project, three hospitals were able to decrease alarms by 74-95% and sustained the results for 12 months.