

## **Posttraumatic growth and second victim distress resulting from medical mishaps among physicians and nurses.**

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Medical errors may lead to feelings of distress for clinicians, but these errors can also be an opportunity for [growth](#). This study used the [Second Victim Experience and Support Tool](#) (SVEST) and the Posttraumatic Growth Inventory to assess the extent, if any, of growth following a medical mishap. Rumination and the impact of the medical mishap were associated with [distress](#) among both physicians and nurses. The impact of the event was associated with growth in nurses, but no factor was associated with growth in physicians.