

Effects of a multimodal transitional care intervention in patients at high risk of readmission: the TARGET-READ randomized clinical trial.

May 17, 2023

Donzé JD, John G, Genné D, et al. Effects of a multimodal transitional care intervention in patients at high risk of readmission: the TARGET-READ randomized clinical trial. JAMA Internal Med. 2023;183(7):658-668. doi:10.1001/jamainternmed.2023.0791.

<https://psnet.ahrq.gov/issue/effects-multimodal-transitional-care-intervention-patients-high-risk-readmission-target-read>

Adverse events and unplanned, preventable [readmissions](#) occur in approximately 20% of patients following discharge from the hospital. This randomized clinical trial compares standard care with a multi-modal discharge [intervention](#) targeting patients at highest risk of unplanned readmission. Despite the intensity of the intervention, there was no statistical difference between that intensity and the standard of care in unplanned readmission, time to readmission, or death.